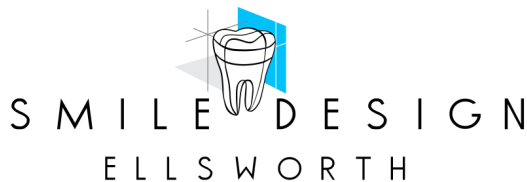




FLAMINGO 4-MILER

SUNDAY July 17, 2016 8:30am start time!



Our 4 mile race is part of the Eden Athletics – Smile Design Points Series. This scenic race runs through part of Acadia National Park and ends at the Tremont Community Center. Walkers are welcome to join this event. Immediately following the race is a **free** Fun Run for kids 12 & under. All Fun Run participants will receive a ribbon.

Registration begins at 7 a.m. at the Tremont Community Center on **Sunday July 17, 2016**

A bus will transport participants at 8am to the starting line at the Seawall Campground for an 8:30 am start.

Registration is \$15.00 by July 4th, then \$20.

Mail to Harbor House Community Center, PO Box 836, Southwest Harbor, ME 04679
or register online at www.runreg.com

NAME _____ PHONE# _____ AGE _____ SEX _____

EMAIL _____ ADDRESS _____

EMERGENCY CONTACT _____ Custom Cowbells for the first 100 to enter.

Circle method of payment: Visa Mastercard Cash/Check Check# _____ WALKING _____ RUNNING _____

Name on card: _____ Card # _____

Expiration date: _____ Amount: _____

Fun Run Participant Name _____ Age _____

TOTAL AMOUNT DUE TO HARBOR HOUSE FLAMINGO FOUR MILER: \$ _____

YES I WOULD LIKE TO MAKE AN ADDITIONAL CONTRIBUTION TO HARBOR HOUSE: \$ _____

TOTAL AMOUNT DUE TO HARBOR HOUSE: \$ _____

I know that participating in a road race is potentially hazardous activity. I certify that I am medically able and properly trained to participate in this race. I agree to abide by any decision of a race official relative to my ability to safely complete this event. I assume all risks and hazards associated to this event. Having read this waiver and knowing these facts and considerations of you accepting my application, I, for myself release Harbor House, Eden Athletics, Jack Russell's Steak House, The Town of Tremont, Acadia National Park, The Town of Southwest Harbor, all sponsors, their representatives from any and all claims or liabilities of any kind, arising out of my participation in this event.

X _____

Signature

X _____

Parents signature if under 18